

SUBJECT TEACHING GUIDE

G368 - Psychosocial Sciences I

Degree in Nursing

Academic year 2016-2017

1. IDENTIFYING DATA				
Degree	Degree in Nursing		Type and Year	Core. Year 1
Faculty	Faculty of Nursing			
Discipline	Subject Area: Psychology Module: Common Basic Training			
Course unit title and code	G368 - Psychosocial Sciences I			
Number of ECTS credits allocated	6	Term	Semester based (1)	
Web	https://aulavirtual.unican.es/			
Language of instruction	Spanish	English Friendly	No	Mode of delivery Face-to-face

Department	DPTO. ENFERMERIA
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Other lecturers	MARIA LOURDES ALVAREZ TRIGUEROS

3.1 LEARNING OUTCOMES

- SECTION I: Psychology, science that studies the behavior

- To defend the contribution of psychology to the study of human behavior
- To justify the contribution of psychology and sociology to Nursing practice.
- To explain the different schools within Psychology
- To analyze personality, its evaluation and treatment.
- To recognize the most widely used personality assessment instruments.

- SECTION II: THE BEHAVIOR

- To identify the behavioral changes linked to human development.
- To explain the principles of persuasion.
- To describe the different persuasive techniques used in the marketing and promotion of healthy behaviors.
- To explain the theories of behavior change
- To identify the most common stereotypes in our culture
- To explain the influence of attitudes on behavior and vice versa
- To evaluate in a simulated situation, attitudes toward fellow attitudinal controversial topic.
- To analyze attributional processes.
- To explain the processes of group influence.

- SECTION III: INTERPERSONAL COMMUNICATION

- To demonstrate the importance of communication
- To recognize the variables involved in the communication.
- To explain the importance of attitudes in nursing practice.
- To practice a persuasive information.
- To discuss information provided in a published article.
- To analyze the variables involved in group work.
- To report basic knowledge of group dynamics.
- To practice group dynamics strategies.
- To highlight the importance of teamwork in nursing practice.

- SECTION IV: HEALTH AND ILLNESS

- To explain empathy.
- To defend the importance of the therapeutic relationship.
- To demonstrate skills to facilitate the therapeutic relationship.
- To practice basic strategies for an interview.
- To apply psychosocial strategies in providing information.
- To identify the influence of psychosocial factors on health and disease

4. OBJECTIVES

The students will be able to identify the psychosocial variables that influence health and disease and will achieve psychosocial skills that'll enable them to improve the quality of life of people and will be useful for professional practice

6. COURSE ORGANIZATION
CONTENTS

	SECTION I: Psychology, science that studies the behavior Lesson 1: Psychology and the scientific method Lesson 2: Different Schools in Psychology
1	SECTION II: THE BEHAVIOR Lesson 3: Behavior and Human Development Lesson 4: The Personality Lesson 5: The process of attribution Lesson 6: Attitudes Lesson 7: Stereotypes and prejudices Lesson 8 : Influence, persuasion and attitude change Lesson 9: Group processes and intergroup relations PA 1: Academic Achievement. PBL PA 2: Selective Exposure. PA 3: Questionnaire actor-observer PA 4: Covariance Kelley PA 5: Hidden Attitudes. IAT PA 6: Likert questionnaire. PBL PA 7: Persuasive messages in marketing. PA 8: Group processes: Deindividuation. Collaborative work by Wiki
2	SECTION III: INTERPERSONAL COMMUNICATION Lesson 10: Communication I Lesson 11: The interview PA 9. Basic Interview. Role playing PA 10. Paralanguage and nonverbal communication
3	SECTION IV: HEALTH AND ILLNESS Lesson 12: Psychological aspects of health and disease Lesson 13. Overview about health personnel-patient relationship PA11: Conflicted patient. Role-playing

7. ASSESSMENT METHODS AND CRITERIA

Description	Type	Final Eval.	Reassessn	%
The evaluation of the theoretical knowledge acquired during the course will be made at the end of the semester by a multiple choice test or short questions. It will be overcome with a score of 5 out of 10.	Written exam	Yes	Yes	60,00
Classroom activities are designed to promote social skills, teamwork and to deep into some of the theoretical content taught in the subject. Some of the team work will end with an oral exposition or delivery a written document.	Work	Yes	No	25,00
Several virtual, both individual and group activities, will be performed. They can not be recoverable since the vast majority of activities will be pre classroom practices tasks. It also may include co-evaluation on collaborative workgroup members.	Activity evaluation with Virtual Media	Yes	No	15,00

TOTAL	100,00
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Observations

All assessment methods will be evaluated from 0 to 10 points. Failure to submit the student to the final examination, obtaining a grade lower than five points on the same or failure to complete any training activity scheduled on the subject, does not exempt him from being qualified according to the score in other activities that have completed and passed, ie continuous assessment.

Observations for part-time students

Students who are in part-time regimen will benefit from the following rating system:

- * Perform the final exam with a percentage weight of 80%
- * Perform 50% of classroom practices with a weight of 20%

To qualify for this type of evaluation, the request must be made to the responsible teacher at the beginning of the course.

8. BIBLIOGRAPHY AND TEACHING MATERIALS
BASIC

Gaviria E. 2010. Introducción a la psicología social. Madrid: Sanz y Torres

Morales JF et al. (coord.). 2007. Psicología social. Madrid: McGraw-Hill/Interamericana

Franzoi S.L. 2007. Psicología social. Madrid: McGraw-Hill/Interamericana.

Myers D. 2005. Psicología social. Madrid: McGraw-Hill/Interamericana