

**CERTIFICATE OF MOBILITY  
International Internship Programme**

1. **TRAINEE’S PERSONAL DATA**

|  |
| --- |
| Name and surname |
|  |

Degree currently studying

|  |
| --- |
|  |

E-mail

|  |
| --- |
|  |

1. **RELEVANT INSTITUTIONS**

|  |  |
| --- | --- |
|  | **Sending Institution** |
|  |  |
|  | Name of the sending institution |
|  | **Universidad de Cantabria *(University of Cantabria)*** |
|  |  |
|  | Address |
|  | **Avda. de los Castros, s/n. 39005 Santander (Cantabria) – Spain** |
|  |  |
|  | E-mail |
|  | [**practicas.ori@unican.es**](mailto:practicas.ori@unican.es) |
|  |  |
|  | **Host Institution** |
|  |  |
|  | Name of the host institution |
|  |  |
|  |  |
|  | E-mail |
|  |  |

1. **PROJECT DESCRIPTION**

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Internship objetives | | | | | | | |
|  |  | | | | | | | |
|  |  | | | | | | | |
|  | Beginning of stay | | |  |  | End of stay | | |
|  |  |  |  |  |  |  |  |  |
|  |  | | | | | | | |

Amount of hours per week devoted to the internship:

|  |  |
| --- | --- |
|  |  |

1. **CAPACITIES AND COMPETENCES ADQUIRED DURING THE INTERNSHIP**

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| --- | --- | --- | --- | --- | --- | --- |
|  | Activities / tasks carried out by the trainee | | | | | |
|  |  | | | | | |
|  |  | | | | | |
|  | **Technical capacities and competences acquired by the trainee *(when applicable)***  Language *(*[*please refer to appendix*](https://web.unican.es/unidades/oficina-relaciones-internacionales/Documents/EuropassEuropeanlanguagelevelsSelfAssessmentGrid1.pdf)*)*: | | | | | |
|  |  | | | | | |
|  | Language | Understanding | | Writing | Speaking skills | |
| Listening Comprehension | Reading | Interaction | Capacity |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |
|  |  | | | | | |
|  | Information Technology:   |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | User | Advanced | Expert | Non applicable | | Office Applications |  |  |  |  | | Operating System |  |  |  |  | | Internet |  |  |  |  | | Programming |  |  |  |  | | Design and Web Management |  |  |  |  | | | | | | |
|  | Social competences:   |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | Low | Average | High | Non applicable | | Social Skills |  |  |  |  | | Communication |  |  |  |  | | Teamwork |  |  |  |  | | Leadership |  |  |  |  | | Negotiation |  |  |  |  | | | | | | |
|  | Personal competences:   |  |  |  |  |  | | --- | --- | --- | --- | --- | |  | Low | Average | High | Non applicable | | Planning and Organization |  |  |  |  | | Capacity and adaptation |  |  |  |  | | Initiative |  |  |  |  | | Motivation |  |  |  |  | | Learning capacity |  |  |  |  | | | | | | |

1. **REMARKS / OBSERVATIONS**

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1. **SIGNATURES**

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|  | Trainee’s co-ordinator at Host Institution *(Name and position)* | | | | |
|  |  | | | | |
|  |  | | | | |
|  | Trainee’s co-ordinator Signature and Stamp |  | Date | | |
|  |  |  |  |  |  |
|  |  |  |  |