

## SUBJECT TEACHING GUIDE

G368 - Psychosocial Sciences I

Degree in Nursing

Academic year 2018-2019

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Core. Year 1
Faculty	Faculty of Nursing				
Discipline	Subject Area: Psychology Module: Common Basic Training				
Course unit title and code	G368 - Psychosocial Sciences I				
Number of ECTS credits allocated	6	Term	Semester based (1)		
Web	<a href="https://aulavirtual.unican.es/">https://aulavirtual.unican.es/</a>				
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA
Name of lecturer	SANTIAGO LOPEZ GONZALEZ
E-mail	santiago.lopez@unican.es
Office	Facultad de Enfermería. Planta: + 1. DESPACHO (108)
Other lecturers	MARIA LOURDES ALVAREZ TRIGUEROS CARMEN MARIA SARABIA COBO

### 3.1 LEARNING OUTCOMES

- SECTION I: Psychology, science that studies the behavior  
 To defend the contribution of psychology to the study of human behavior  
 To justify the contribution of psychology and sociology to Nursing practice .  
 To explain the different schools within Psychology  
 To analyze personality, its evaluation and treatment.  
 To recognize the most widely used personality assessment instruments .

- SECTION II: THE BEHAVIOR  
 To identify the behavioral changes linked to human development.  
 To explain the principles of persuasion.  
 To describe the different persuasive techniques used in the marketing and promotion of healthy behaviors .  
 To explain the theories of behavior change  
 To identify the most common stereotypes in our culture  
 To explain the influence of attitudes on behavior and vice versa  
 To evaluated in a simulated situation, attitudes toward fellow attitudinal controversial topic.  
 To analyze atributional processes.  
 To explain the processes of group influence .

- SECTION III: INTERPERSONAL COMMUNICATION  
 To demonstrate the importance of communication  
 To recognize the variables involved in the communication .  
 To explain the importance of attitudes in nursing practice .  
 To practice a persuasive information .  
 To discuss information provided in a published article .  
 To analyze the variables involved in group work .  
 To report basic knowledge of group dynamics .  
 To practice group dynamics strategies.  
 To highligh the importance of teamwork in nursing practice .

### 4. OBJECTIVES

The students will be able to identify the psychosocial variables that influence health and disease and will achieve psychosocial skills that'll enable them to improve the quality of life of people and will be useful for professional practice

## 6. COURSE ORGANIZATION

### CONTENTS

1	<p>SECTION I: Psychology, science that studies the behavior            Lesson 1: Psychology and the scientific method            Lesson 2: Different Schools in Psychology</p>
2	<p>SECTION II: THE BEHAVIOR            Lesson 3: Behavior and Human Development            Lesson 4: The Personality            Lesson 5: The process of attribution            Lesson 6: Attitudes            Lesson 7: Stereotypes and prejudices            Lesson 8 : Influence, persuasion and attitude change            Lesson 9: Group processes and intergroup relations</p> <p>PA 1: Academic Achievement. PBL            PA 2: Selective Exposure.PBL            PA 3: Questionnaire actor-observer. PBL            PA 4: Covariance Kelley. PBL            PA 5: Hidden Attitudes. IAT. PBL            PA 6: Likert questionnaire. PBL            PA 4: Analysis of our attitudes. Collaborative work            PA 5: Cognitive dissonance. Paradigms.PBL            PA 6: "One euro is enough". Persuasion.PBL            PA 7: Persuasive messages. PBL            PA 8: Group processes: Deindividuation. Collaborative work by Wiki.            PA9: Healthy behaviors. European Code against Cancer. PBL.            PA10: Attitude components. PBL            PA11: Stereotypes. Regional characteristics. PBL            PA12: Stereotypes. Hostile and benevolent sexism. PBL            PA13: Marketing, the persuasion in the ads. PBL            PA14: Group conformity. PBL            PA15: Group identification. PBL</p>
3	<p>SECTION III: INTERPERSONAL COMMUNICATION            Lesson 10: Communication I            Lesson 11: The clinic interview            Lesson 12: The relationship between health profesional and patients.</p> <p>PA 16. Basic Interview. Role playing            PA 17. Practice of communication. Public speaking.</p>

## 7. ASSESSMENT METHODS AND CRITERIA

Description	Type	Final Eval.	Reassessn	%
The evaluation of the theoretical knowledge acquired during the course will be made at the end of the semester by a multiple choice test or short questions. It will be overcome with a score of 5 out of 10.	Written exam	Yes	Yes	60,00
Classroom activities are designed to promote social skills, teamwork and to deep into some of the theoretical content taught in the subject. Some of the team work will end with an oral exposition or delivery a written document.	Work	No	No	15,00
Several virtual, both individual and group activities, will be performed. They can not be recoverable since the vast majority of activities will be pre classroom practices tasks. It also may include co-evaluation on collaborative workgroup members.	Activity evaluation with Virtual Media	No	No	15,00
Non-contact group work is equivalent to 18 hours of work that appear in the teaching guide of the subject. It will be conducted on the content taught through FLIPPED LEARNING and will consist in the search of persuasive advertising analyzing all the princ	Work	No	Yes	10,00
<b>TOTAL</b>				<b>100,00</b>
<b>Observations</b>				
<p>All assessment methods will be evaluated from 0 to 10 points. Failure to submit the student to the final examination, obtaining a grade lower than five points on the same or failure to complete any training activity scheduled on the subject, does not exempt him from being qualified according to the score in other activities that have completed and passed, ie continuous assessment.</p> <p>The term 'not presented' in the final grade of the subject will only be used when the student has not done any of the evaluable activities and, therefore, has not been qualified at any time.</p>				
<b>Observations for part-time students</b>				
<p>Students who are in part-time regimen will benefit from the following rating system:</p> <ul style="list-style-type: none"> <li>* Perform the final exam with a percentage weight of 80%</li> <li>* Perform 50% of classroom practices with a weight of 20%</li> </ul> <p>To qualify for this type of evaluation, the request must be made to the responsible teacher at the beginning of the course.</p>				

## 8. BIBLIOGRAPHY AND TEACHING MATERIALS

### BASIC

Gaviria Stewart E, Cuadrado Guirado I, López Sáez M, Universidad Nacional de Educación a Distancia. Introducción a la psicología social. 2ª ed. Madrid: Sanz y Torres; 2013.

Morales JF et al. (coord.). Psicología social. Madrid: McGraw-Hill/Interamericana; 2007.

Franzoi SL. Psicología social. Madrid: McGraw-Hill/Interamericana; 2007.

Myers DG. Psicología social. 8ª ed. México [etc.]: McGraw-Hill; 2005.

Borrell i Carrió F, Sociedad Española de Medicina de Familia y Comunitaria. Entrevista clínica: manual de estrategias prácticas. Barcelona: Sociedad Española de Medicina de Familia y Comunitaria; 2004.

Dewey J. Naturaleza humana y conducta: introducción a la psicología social (Vol. 177). Fondo de Cultura Económica; 2014

Delval J, Universidad Nacional de Educación a Distancia. Lecturas de psicología del desarrollo I. 1ª, 2ª reimp. ed. Madrid: Universidad Nacional de Educación a Distancia; 2014.

Perpiñá C. Manual de la entrevista psicológica. Ediciones Pirámide; 2014