

SUBJECT TEACHING GUIDE

G1020 - Psychosocial Sciences II

Degree in Nursing

Academic year 2019-2020

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Core. Year 2
Faculty	Faculty of Nursing				
Discipline	Subject Area: Psychology Module: Common Basic Training				
Course unit title and code	G1020 - Psychosocial Sciences II				
Number of ECTS credits allocated	6	Term	Semester based (1)		
Web	https://aulavirtual.unican.es/				
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA
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Other lecturers	MARIA DEL MAR APARICIO SANZ

3.1 LEARNING OUTCOMES

- THEMATIC I: THE CONDUCT

Identifying the elements involved in human behavior
 Knowing the impact of emotions and beliefs in behavior
 Reporting on strengths of the individual
 Explaining the importance of social support for behavior
 Analyzing the main strategies of behavior modification
 Helping integration and group communication

- THEMATIC II: INTERPERSONAL COMMUNICATION

Knowing the elements involved in the nonverbal communication
 Demonstrate the importance of nonverbal communication in interaction
 Recognizing and interpret the variables involved in nonverbal communication
 Explain the importance of social competencies
 Illustrate assertive behavior
 Knowing the behavioral variables that favor the development of an interview
 Practice skills that favor the development of an interview

- THEMATIC III: HEALTH AND DISEASE

Reporting on the effect of stress on health
 Defining the variables involved in treatment adherence
 Demonstrate the difficulty of adhering to chronic treatment
 Identifying the psychosocial variables associated with chronic diseases
 Describe psychosocial variables in terminal illness
 Reporting about mourning
 Provide communication skills in the face of death and mourning

4. OBJECTIVES

The student will be able to identify the psychosocial variable that influence over the health and human disease. Also they will acquire psychosocial skills that make them able to improve the individual life quality and the useful skills for the development of their professional career.

6. COURSE ORGANIZATION	
CONTENTS	
1	<p>THEMATIC I: THE CONDUCT</p> <p>Item 1. Human behavior. Strengths and weaknesses</p> <p>Item 2. Behavior modification techniques</p> <p>Classroom Practice 1: Unlocking exercises</p>
2	<p>THEMATIC II: INTERPERSONAL COMMUNICATION</p> <p>Item 3. Nonverbal communication</p> <p>Item 4. Social competencies</p> <p>Item 5. Interview II</p> <p>Classroom Practice: 2: Nonverbal communication</p> <p>Classroom Practice 3: Assertiveness</p> <p>Classroom Practice 4-6: The interview. Advanced aspects</p>
3	<p>THEMATIC III: HEALTH AND DISEASE</p> <p>Item 6. Stress</p> <p>Item 7. Adherence to treatment</p> <p>Item 8. Psychosocial aspects related to chronic diseases. Patient and professional experience</p> <p>Item 9. The terminal patient</p> <p>Item 10. Mourning</p> <p>Classroom Practice 7-8. Adherence to treatment</p> <p>Classroom Practice 9-11. Let's talk about death</p>

7. ASSESSMENT METHODS AND CRITERIA				
Description	Type	Final Eval.	Reassessn	%
Final exam, written exam	Written exam	Yes	Yes	60,00
Group work in Classroom practices, homework	Work	No	No	30,00
Continuous evaluation	Others	No	No	10,00
TOTAL				100,00
Observations				
<p>The student who not present to the final examination, obtaining a lower score of five points or not performing any other training activity scheduled on the course, does not exempt him/her from being qualified according to the score in other activities that have completed and passed (continuous assessment)</p> <p>The term 'no show' in the final grade for the course will be used only when the student has not done any of the evaluable activities and therefore has not been qualified in any occasion.</p>				
Observations for part-time students				
<p>Students who are in a part-time basis, will benefit from the following rating system:</p> <ul style="list-style-type: none"> - Perform the final exam with a percentage weight of 80% - Conduct 50% of classroom practices with a weight of 20% <p>For this type of evaluation, the student must make a written request to the course responsible teacher at the beginning of the course; the student must justify that is actually enrolled in part time regime.</p>				

8. BIBLIOGRAPHY AND TEACHING MATERIALS

BASIC

Gaviria Stewart, E. 2010. Introducción a la psicología social (Teoría y Cuaderno de Investigación). Madrid: Ed. Sanz y Torres.

Morales F. et al. (coord.). 2007. Psicología social. Mcgraw Hill/Interamericana

Franzoi S.L. 2007. Psicología social. Mcgraw Hill/Interamericana

Myers D. 2005. Psicología social. Mcgraw Hill/Interamericana