

SUBJECT TEACHING GUIDE

G1029 - Nursing in Women's health

Degree in Nursing

Academic year 2019-2020

| 1. IDENTIFYING DATA | | | | | |
|----------------------------------|---|------------------|--------------------|------------------|--------------------|
| Degree | Degree in Nursing | | | Type and Year | Compulsory. Year 2 |
| Faculty | Faculty of Nursing | | | | |
| Discipline | Subject Area: Life Cycle Nursing Module: Nursing Science | | | | |
| Course unit title and code | G1029 - Nursing in Women's health | | | | |
| Number of ECTS credits allocated | 6 | Term | Semester based (2) | | |
| Web | | | | | |
| Language of instruction | Spanish | English Friendly | No | Mode of delivery | Face-to-face |

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| Department | DPTO. ENFERMERIA |
| Name of lecturer | MARIA PAZ ZULUETA |
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| Other lecturers | VIRGINIA MARIA TERAN RODRIGUEZ |

3.1 LEARNING OUTCOMES

- Care planning, guaranteeing the right to dignity, privacy, confidentiality and decision making of women.
- Identifying risk indicators of gender violence.
- Describing the signs of violence in battered women.
- Describing the protocols in case of abuse of women.
- Categorizing the selected information to facilitate decision making based on objective data and scientific facts.
- Describing appropriate interventions and activities for the prevention and treatment of women health problems.
- Demonstrating proficiency in the use of gynecological equipment.
- Demonstrating skills in managing women support groups.
- Identifying physical, psychological and social aspects that influence the women welfare.
- Describing actions that promote women sexual health.
- Describing the changes that occur in the body during pregnancy, childbirth and postpartum.
- Defining women health problems.
- Demonstrating the ability to recognize and interpret normal or changing signs of women health and disease.
- Listing the key points in the process of women care.

4. OBJECTIVES

The subject of Nursing in Women's Health aims that the student acquire the skills to:

1. Provide nursing care to women at different stages of life .
2. Develop attitudes that enable the student to teamworking, assuming responsibilities within its competence in prevention and women health care and their health education.

6. COURSE ORGANIZATION

CONTENTS

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| 1 | <p>INTRODUCTION TO NURSING WOMEN'S HEALTH:</p> <ol style="list-style-type: none"> 1. The women's health throughout the reproductive cycle: Puberty and Menopause. 2. Obstetrical and gynecological terminology. 3. Obstetric and gynecologic evaluation. 4. Programs of attention to sexual and reproductive health from primary care. <p>LABORATORY PRACTICES: Consultation and interviews with women in reproductive age. Health care during menopause.</p> |
| 2 | <p>THE IMPLICATIONS OF FEMALE SEXUALITY IN WOMEN'S HEALTH:</p> <ol style="list-style-type: none"> 5. Comprehensive Sexuality. 6. Human Reproduction. <p>LABORATORY PRACTICES: Family planning. Sexuality workshops.</p> |
| 3 | <p>ATTENTION TO WOMEN WITH GYNECOLOGICAL DISORDERS:</p> <ol style="list-style-type: none"> 7. Care for women with: tumoral pathology, infectious disease, inflammatory disease, and pelvic floor disorders. 8. Attention to women in emergency situations. <p>LABORATORY PRACTICES: Gynecological examination and performing cytology. Recognition of the pelvis and pelvic floor training.</p> |
| 4 | <p>PREGNANT WOMEN CARE:</p> <ol style="list-style-type: none"> 9. Assessment and birth control. Biophysical and psychosocial aspects of normal pregnancy. Care in the antepartum period. 10. Most common health problems related to pregnancy. Attention to women in emergency situations. <p>LABORATORY PRACTICES: Exploration of the pregnant woman and clinical case on pregnancy first visit.</p> |
| 5 | <p>CHILDBIRTH ASSISTANCE</p> <ol style="list-style-type: none"> 11. Induction of childbirth labor. 12. Obstetrics operations. 13. Instruments for the assisted vaginal childbirth. Caesarean section. <p>LABORATORY PRACTICES: Clinical case of a woman in childbirth situation. Emergency childbirth assistance.</p> |
| 6 | <p>ATTENTION TO WOMEN IN THE PUERPERIUM:</p> <ol style="list-style-type: none"> 14. Breastfeeding. 15. The postpartum period. 16. Most common health problems related to the postpartum period. <p>LABORATORY PRACTICES: Breastfeeding. Assessment and care for women during the postpartum period.</p> |

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| 7 | <p>ATTENTION TO WOMEN BEFORE SITUATIONS OF RISK: 17. Gender-based violence. 18. Sexual assault.</p> <p>LABORATORY PRACTICES: Assessment and assistance to women in situations of violence. Workshop on sexuality.</p> |
| 8 | <p>ATTENTION TO WOMEN. HEALTH RIGHTS SEXUAL REPRODUCTIVE:</p> <p>19. Basic legislation on sexual and reproductive health.</p> <p>LABORATORY PRACTICES: Sexual and reproductive health: a clinical perspective.</p> |

7. ASSESSMENT METHODS AND CRITERIA

| Description | Type | Final Eval. | Reassessn | % |
|---|--------------|-------------|-----------|---------------|
| Final evaluation. | Written exam | Yes | Yes | 60,00 |
| Continuous assessment. | Written exam | No | No | 20,00 |
| Continuous assessment. | Written exam | No | No | 20,00 |
| TOTAL | | | | 100,00 |
| Observations | | | | |
| <p>The 'no-show' of the student to the final exam, obtaining a grade below 5 points over 10 in the final exam or not performing any other training activity scheduled on the course, does not exempt the student from being qualified in accordance with the score in the other activities that he or she has completed and passed on his/her continuous assessment</p> <p>The 'no-show' definition in the final grade for the course it will only be used when the student has not perform any of the evaluable activities and therefore he or she has not been evaluated at any time.</p> | | | | |
| Observations for part-time students | | | | |
| <p>Part-time students will benefit from the following rating system:</p> <ul style="list-style-type: none"> - a final examination of the course with a 80%weight - perform continuous evaluation of 50% of laboratory practices with a 20%weight <p>For this type of evaluation, during the first week of the course the student must make a written request to the course responsible teacher.</p> | | | | |

8. BIBLIOGRAPHY AND TEACHING MATERIALS

| BASIC |
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| <ol style="list-style-type: none"> 1. Bustos GG. Enfermería materno-infantil y neonatal: compendio de técnicas. Rosario Argentina: Corpus; 2010 2. Cabero L, Saldívar D, Cabrillo E. Obstetricia y medicina materno-fetal. Madrid: Médica Panamericana; 2007 3. Ladewig PW, London ML, Moberly S, Olds SB Enfermería maternal y del recién nacido. 5ª ed. Madrid: McGraW-Hill. Interamericana; 2006 4. NETER. Roger P. Smith. Obstetricia, ginecología y salud de la mujer. Barcelona: Masson; 2004 5. Shannon E. Perry, Kitty Cashion and Detra Leonard Lowdermik. Maternidad y salud de la mujer: manual clínico. 9ª ed. Barcelona: Elsevier; 2008 |

