

## SUBJECT TEACHING GUIDE

G1038 - Practicum V

Degree in Nursing

Academic year 2019-2020

### 1. IDENTIFYING DATA

Degree	Degree in Nursing	Type and Year	. Year 4		
Faculty	Faculty of Nursing				
Discipline	Subject Area: Teaching Practice Module: Supervised Nursing Practice and End of Degree Project				
Course unit title and code	G1038 - Practicum V				
Number of ECTS credits allocated	24	Term	Semester based (2)		
Web					
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA
Name of lecturer	PAULA PARAS BRAVO
E-mail	paula.paras@unican.es
Office	Facultad de Enfermería. Planta: + 0. SUBDIRECCION - E.U. ENFERMERIA (010)

Other lecturers	<p>CRISTINA CASTANEDO PFEIFFER  ELIAS RODRIGUEZ MARTIN  CRISTINA BLANCO FRAILE  ANA ROSA ALCONERO CAMARERO  MARIA MADRAZO PEREZ  ANA MANZANAS GUTIERREZ  ANA ISABEL PEREZ GARMILLA  MERCEDES DE LA TORRE RUIZ  ANA GEMA VALDOR MUÑOZ  SILVIA GUTIERREZ GONZALEZ  MARIA YOLANDA MARTIN SECO  SILVIA ALONSO MADRAZO  MARIA JOSE RODRIGUEZ MARTINEZ  ROCIO RUIZ PUENTE  SORAYA SAÑUDO MARTINEZ  LUZ ELENA MIRONES VALDEOLIVAS  BASILIO AGUERO MILLAN  ISABEL IBAÑEZ REMENTERIA  BEATRIZ CABADA GOMEZ  MARIA DOLORES MUÑOZ TORRES  MERCEDES IBAÑEZ GOMEZ  SARA MARTINEZ DE CASTRO  CAROLINA LECHOSA MUÑIZ  EVA CEBALLOS GANDARILLAS  ROCIO FUENTES COVIAN  MARIA PAZ ZULUETA  LUIS MANUEL FERNANDEZ CACHO  BEATRIZ MIRONES PEREDA  BEATRIZ CORONA GOMEZ  MAITE SANTURTUN ZARRABEITIA  RAUL AYALA VELASCO  MARIA DOLORES COSIO ZURITA  ROSA ANA REVUELTA ARROYO  JAVIER GONZALEZ GONZALEZ  MONICA DEL AMO SANTIAGO  MARIA LARA BIELSA ANTUNEZ  ENCARNACION BUSTAMANTE CRUZ  CRISTINA LENCERO ABAD  VANESA ARRANZ GARCIA  SUSANA VIOTA MAÑANES  LAURA RUIZ AZCONA  JOSE MANUEL GONZALEZ DE LA GUERRA  SONIA MATEO SOTA  GEMA VALVERDE SANJUAN  CONCEPCION SALCEDO SAMPEDRO  LORENA PRADOS FERNANDEZ  EVA MARIA RIOS DIAZ  ESTHER NAVARRO SOTA  SILVIA GOMEZ FERNANDEZ  MARIA VICTORIA FERNANDEZ MARTINEZ  SARA OLAVARRIA GOMEZ  MARIA EMMA VARONA NOVOA  ELENA HERMINIA SUAREZ GONZALEZ  HECTOR FERNANDEZ-LLACA LOPEZ  GONZALO GOMEZ FERNANDEZ  ANA MARIA HERRERA PUENTE</p>
-----------------	--

CESAR MARTINEZ RUIZ  
VERONICA GARCIA CERNUDA  
LUCIO ZUMEL PASCUAL  
MARIA ANGELES VEGA VILLANUEVA  
ANA MARIA CARMEN ZUBIAURRE CHAPERO  
ROSA MARIA FERNANDEZ RUIZ  
MARIA JOSE SANCHEZ HERRAN  
HELENA GORDALIZA FERNANDEZ  
MERCEDES SAN JOSE RUIZ  
SILVIA MARIA CRESPO LASSALLE  
MARIA SAEZ DE ADANA HERRERO  
LORENA LASARTE ORIA  
CORAL LLANO RUIZ  
ELVIRA INMACULADA BENITO CONCHA  
MARIA CRUZ GONZALEZ CASTELLANOS  
MARIA ISABEL PORTILLA CALVA  
NURIA PEREZ ALLER  
OLGA MARTIN TAPIA  
MARTA LUCIA SANCHA HERRERA  
CELIA GALA BUSTO  
RUBEN ROZAS GARNICA  
RAQUEL GOMEZ LAGUILLO  
MONTSERRAT RODRIGUEZ AGUIRRE  
SARA VALVERDE SAN JUAN  
ROCIO LOBEIRA RUBIO  
PATRICIA GARCIA BARRIOS  
ARANZAZU HERNANDEZ REGALADO

### 3.1 LEARNING OUTCOMES

#### - Module of Childhood Nursing

Plan care ensuring the right to dignity, privacy, personal rights, confidentiality and decision-making capacity of the child and his / her family.

Provide care in the different stages of childhood within the family context and in the social environment where the child develops, either to achieve optimal health or to recover health in case of illness.

Apply individualized care taking into account the age of development, gender, cultural differences, ethnic group, beliefs and values of both children and their families.

Apply some theory of Nursing, appropriate to the context of childhood.

Manage different systems of records used in the care practice .

Categorize the selected information to facilitate decision making based on objective data and scientific facts.

List clinical evidence to support decision-making.

Plan nursing care in different situations.

Describe the nutritional care of children and their families at different stages of life .

Describe interventions and activities appropriate to the prevention and treatment of health problems in childhood and adolescence.

Interpret the child's assessment data at the different stages of development , identifying the nursing problems and the potential complications that may arise.

Identify risk indicators of child abuse.

Describe both physical and psychological signs of violence in the abused child.

Describe the protocols of action in both primary and secondary prevention as well as evidence of severe maltreatment.

Demonstrate skill in the use of specific child material.

Demonstrate skills to promote family involvement in the health-disease process of children and adolescents.

Carry out Health Education for the child and his / her family as well as the people around them during the health and illness process.

Demonstrate skill in applying techniques by establishing a therapeutic relationship with children and their caregivers.

Demonstrate ability to safely administer drugs and other therapies at the infancy stage and in different health and disease situations.

Describe the characteristics of the different stages of childhood and adolescence .

Describe the most frequent health problems in childhood and its manifestations.

Demonstrate the ability to establish an empathetic and respectful relationship with the child and his or her family, in accordance with the child's situation and the child's stage of development.

Demonstrate ability in children's communication and their families favoring the expression of their concerns and interests.

Demonstrate ability to work in a team and communicate effectively with all health personnel .

Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

-- Nursing module in mental health:

Guarantee confidentiality, professional secrecy and preserves the privacy during the process of evolution of the care of the person with mental health problems.

Identify and apply the rules for the practice of Mental-Psychiatric Health Nursing.

Expose the applications of the Nursing theory to the exercise of Mental-Psychiatric Health Nursing.

Individualize care taking into account the relationship between culture and mental health.

Explain the legal aspects related to assistance to people with mental disorders.

Identify the determinants of health - mental illness.

Describe the specific therapeutic modalities of the different mental disorders in the different stages of the life cycle .

Carry out nursing interventions, preserving the safety of the patient and the different members of the team .

Recognize the procedure to be followed to Implement interventions in acute situations in psychiatry.

Identify the characteristics of the therapeutic environment.

Analyze the therapeutic use of the self.

Define the fears of clinical practice with the mentally ill.

Describe the anomalies of the psychic functions and alterations of the functionality of the mentally ill.

Carry out the assessment of the person, family and environment, and analyze the data collected in the assessment.

Define the principles that underpin integral nursing care.

Identify the techniques of obtaining information.

Develop effective communication skills.

Identify the most prevalent mental health problems in individuals in the practice unit.

Plan the nursing care related to the clinical judgements identified.

Analyze the elements that favor the implication in the therapeutic process.

Properly use medicines and health products in each of the interventions, evaluating the expected benefits and associated risks.

Analyze the characteristics of teamwork.

Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

-- Nursing module in aging:

Describe the physiological changes, both physical and adaptive, that occur during the aging process.

Identify social factors that determine the health of the elderly.

Respect the elderly, treating them with respect and showing them the acceptance of their opinions, beliefs, values and individual characteristics

Develop effective communication with older people , avoiding disrespect and infantilization.

Demonstrate active listening with older people in situations of dependency.

Establish an empathic relationship in the care process.

Demonstrate ability to recognize and interpret normal or changing signs of health and illness in the elderly.

Carry out the holistic assessment of the elderly person with health problems and their family.

Analyze the data collected in the assessment of the elderly person with health problems.

Establish clinical judgments based on the data collected in the assessment of the elderly person with health problems.

Plan care ensuring the right to dignity, privacy, personal rights, confidentiality and decision-making capacity of the elderly person.

Plan the nursing care related to the clinical judgements identified in the elderly person with health problems.

Implement nursing interventions (autonomous and collaborative) aimed at solving the clinical judgements identified in the elderly with health problems and their families.

Evaluate the results obtained with nursing interventions (autonomous and collaborative) carried out in the elderly with health problems.

Implement the specific diagnostic and therapeutic modalities (linked health products, medicines) for the elderly person with health problems.

Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

-- Nursing module in women's health:

Carry out holistic appraisal of women.  
Analyze the data collected in the assessment of women.  
Establish clinical judgments based on data collected in the assessment of women.  
Plan the nursing care related to the clinical judgments identified in the woman within the family and community context.  
Implement nursing interventions (autonomous and collaborative) aimed at solving the clinical judgments identified in women with health problems.  
Evaluate the results obtained with nursing interventions (autonomous and collaborative) carried out in women with health problems.  
Show empathy in the care of women.  
Demonstrate skills in the interrelationship with the patient, family or social groups in the care process.  
Demonstrate strategies that facilitate the involvement of women and their families in decision making and care.  
Care for women with health problems, respecting their values, their rights, their cultural characteristics.  
Work respecting the harmonious integration of the functions and activities carried out by the different people who constitute the work team.  
Implement specific diagnostic and / or therapeutic procedures (linked health products, medicines) for the adult with health problems.  
Recognize the indicators of gender violence risk to act efficiently in prevention , implementing the action protocols.  
Implement educational interventions to promote adequate sexual health at different stages of a woman 's life.  
Provide care to women at different stages of life within the family and community context , either to achieve optimal health status or to recover health in the event of illness.  
Know and assess the nutritional needs of healthy people with health problems throughout the life cycle to promote and reinforce healthy eating patterns.  
Identify life-threatening situations and know how to Implement basic and advanced life support maneuvers.  
Use Information and Communication Technologies (ICT) as an appropriate tool for learning and caring for people with health problems.  
Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

-- Community Nursing Module:

Implement educational interventions with families or groups using the appropriate methodology.  
Assess community health taking into account the impact of the environment, lifestyles, socioeconomic conditions and health policies.  
Interpret the demographic and epidemiological information of the community.  
Identify the most relevant risks and health problems in the community.  
Plan measures aimed at eliminating risks and solving identified problems.  
Implement interventions aimed at avoiding identified risks and problems.  
Assess the results obtained with the interventions.  
Carry out the holistic assessment of the person and family.  
Analyze the data collected in the valuation.  
Establish clinical judgments based on the data collected in the assessment.  
Plan the nursing care related to the clinical judgments identified.  
Implement nursing interventions (autonomous and collaborative) aimed at solving the clinical trials identified in individuals and families.  
Evaluate the results obtained with the nursing interventions.  
Demonstrate strategies that facilitate the involvement of the person and / or family in decision making and care.  
Apply the indicated strategies for the prevention, early gender violence detection and intervention.  
Perform specific diagnostic and therapeutic procedures (medical devices and medicines).  
Demonstrate skills in the interrelationship with individuals, families and social groups in the care process.  
Caring for people respecting their rights, values and culture.  
Work respecting the harmonious integration of the functions and activities of the health team at the community level .  
Use Information and Communication Technologies (ICT) as a tool for learning and caring for people and families.  
Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

-- Nursing in special units module:

Carry out the holistic assessment of the adult with health problems.  
 Analyze the data collected in the assessment of the adult with health problems.  
 Establish clinical judgments based on data collected in the assessment of the adult with health problems.  
 Plan the nursing care related to the clinical trials identified in the adult with health problems.  
 Implement nursing interventions (autonomous and collaborative) aimed at solving the clinical trials identified in the adult with health problems.  
 Evaluate the results obtained with the nursing interventions (autonomous and collaborative) carried out in the adult with health problems.  
 Perform specific diagnostic and therapeutic procedures (linked health products, medications) for the adult with health problems.  
 Show empathy in the care of people with health problems.  
 Demonstrate skills in the interrelationship with the patient, family or social groups in the care process.  
 Demonstrate strategies that facilitate the involvement of the adult person and his family in decision making and care.  
 Apply the indicated strategies for the prevention, early gender violence detection and intervention.  
 Caring for the adult with health problems, respecting their values, their rights, their cultural characteristics.  
 Work respecting the harmonious integration of the functions and activities carried out by the different people who constitute the work team.  
 Use Information and Communication Technologies (ICT) as a tool for learning and caring for people and families.  
 Make a report on what has been learned in the practical period, identifying weaknesses and improvements.

#### 4. OBJECTIVES

To participate in the care of the people, in scenarios of professional practice of great specificity and of increasing complexity, during the different vital stages, guaranteeing the dignity and the confidentiality, and fomenting the optimum interpersonal relation.

#### 6. COURSE ORGANIZATION

CONTENTS	
1	Special Units
2	Community Health Care Centers
3	Childhood Area
4	Aging Area
5	Mental Health Care Area
6	Women's Health Area
7	Free election



## 7. ASSESSMENT METHODS AND CRITERIA

Description	Type	Final Eval.	Reassessn	%
Portfolio	Work	No	Yes	65,00
Center / Unit Evaluation	Others	No	Yes	35,00
<b>TOTAL</b>				<b>100,00</b>
<b>Observations</b>				
<p>All the information regarding the evaluable activities, as well as the evaluation rubrics used, can be consulted in the practicum guide approved by the Center Board each academic year.</p> <p>The minimum marks in each section refer to scores on 10.</p> <p>The subject is approved when it has been reached, adding the notes of each section, a total of 5 out of 10.</p>				
<b>Observations for part-time students</b>				

## 8. BIBLIOGRAPHY AND TEACHING MATERIALS

**BASIC**

Butcher HK, Bulechek GM, Dochterman JM, Wagner CM, editoras. Clasificación de Intervenciones de Enfermería (NIC). 7ª ed. Barcelona: Elsevier España; 2019. 506 p..

Moorhead S, Swanson E, Johnson M, Maas ML, editoras. Clasificación de Resultados de Enfermería (NOC): medición de resultados en salud. 6ª ed. Barcelona: Elsevier España; 2019. 668 p.

Nanda Internacional: diagnósticos enfermeros: definiciones y clasificación, 2015-2017. Barcelona. Elsevier España, cop. 2015

Ball [et al.]. Guía Seidel de exploración física. 9ª Ed. Barcelona Elsevier, 2019.

Sorrentino S [et al.]. Fundamentos de Enfermería práctica. 4º Ed. Barcelona. Elsevier, 2012.

Alfaro Lefevre R, Aplicación del proceso enfermero: fundamento del razonamiento clínico. 8 ed. Wolters Kluwer Health/Lippincott, Williams & Wilkins, 2014 (libro electrónico disponible en línea a través de la BUC <http://tinyurl.com/y257p5s9> )