

SUBJECT TEACHING GUIDE

G1032 - Nursing in Mental Health and Psychiatry

Degree in Nursing

Academic year 2020-2021

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Compulsory. Year 3
Faculty	Faculty of Nursing				
Discipline	Subject Area: Psychology and Mental Health Module: Nursing Science				
Course unit title and code	G1032 - Nursing in Mental Health and Psychiatry				
Number of ECTS credits allocated	6	Term	Semester based (1)		
Web					
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

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Other lecturers	AMAYA ESCANDON MORO IRENE GONZALEZ SANCHEZ

3.1 LEARNING OUTCOMES

- Explaining the legal aspects related to of care for people with mental disorders.
- Explaining the care evolution of people with mental health problems.
- Defining primary, secondary and tertiary prevention in the field of mental health.
- Analyzing the relationship between culture and mental health.
- Perform assessment of the individual, family and environment.
- Defining mental and psychiatric health nursing.
- Identifying standards for the practice of psychiatric and mental health nursing.
- Exposing the applications of nursing theory to mental and psychiatric health nursing.
- Applying the principles underlying the overall nursing care.
- Analyzing the data collected in the assessment.
- Establishing clinical judgments based on data collected in the assessment.
- Nursing care planning related to the identified clinical trials.
- Running nursing interventions aimed at solving the problems identified.
- Evaluating the results obtained after nursing intervention.
- Describing the specific therapeutic modalities of various mental disorders at different stages of the life cycle .
- Applying the specific therapeutic modalities of various mental disorders at different stages of the life cycle , within the framework of scientific nursing method.
- Analyzing the elements that favor the involvement in the therapeutic process.
- Explain the definition, epidemiology, etiopathogenesis, clinical features, course and prognosis of various disorders at different stages of the life cycle.
- Determining balance factors.
- Describing crisis concept.
- Explaining crisis intervention.
- Describing the characteristics of "therapeutic environment".
- Analyzing the therapeutic use of "Me".
- Defining fears on clinical practice with the mentally ill.
- Identifying techniques for obtaining information.
- Demonstrating effective communication skills.

4. OBJECTIVES

Students will acquire knowledge about the historical, conceptual, scientific and technological basis, as well as skills and attitudes which enable them to provide care aimed at meeting the needs of individuals and groups in the field of Mental Health and Psychiatry.

6. COURSE ORGANIZATION

CONTENTS

1	<p>Thematic Unit I: historical and cultural bases and basic concepts of care process.</p> <p>Topic 1. History of assistance to mentally ill.</p> <p>Item 2. Psychiatric and mental health nursing.</p> <p>Item 3. Ethical and legal considerations in mental health.</p> <p>Item 4. Mental health prevention and care.</p> <p>Item 5. Therapeutic modalities, self-care and nursing care.</p> <p>Item 6. The mental health team and therapeutic environment.</p> <p>Item 7. The therapeutic use of "Me" and fears in practice with people with mental disorders.</p> <p>Item 8. Nursing assessment of psychiatric patient. Psychopathological Exploration. Other explorations.</p> <p>Lab 1: ethical and legal considerations in mental health.</p> <p>Lab 2: Stigma of psychiatric patient.</p> <p>Lab 3: Therapeutic modalities.</p> <p>Lab 4: Nursing assessment of psychiatric patient.</p> <p>Lab 5: Problems with the therapeutic relationship and the difficult patient.</p> <p>Thematic Unit II: Nursing in Psychiatric Disorders and Mental Health.</p> <p>Item 1. Delirium, dementia, amnesic disorders and other cognitive disorders.</p> <p>Item 2. Eating disorders.</p> <p>Item 3. Substance-related disorders. Impulse control disorders without classification section.</p> <p>Item 4. Dual Pathology.</p> <p>Item 5. Sleep disorders.</p> <p>Item 6. somatoform disorders.</p> <p>Item 7. factitious disorders.</p> <p>Item 8. Schizophrenia and other psychotic disorders.</p> <p>Item 9. Anxiety Disorders.</p> <p>Item 10 dissociative disorders.</p> <p>Item 11. Mood Disorders.</p> <p>Item 12. Personality disorders.</p> <p>Item 13. Disorders in infancy, childhood or adolescence.</p> <p>Item 14. Sexual and sexual identity disorders.</p> <p>Item 15. Adjustment Disorders.</p> <p>Item 16. Suicide.</p> <p>Item 17. Crisis intervention.</p> <p>Lab 6: Use and application of different types of restraint in psychiatry .</p> <p>Lab 7: Clinical cases.</p> <p>Lab 8: Anxiety and relaxation.</p> <p>Lab 9: Mobbing, bullying, burnout and job stress.</p> <p>Lab 10: Crisis Intervention.</p> <p>Lab 11: Session with Alcoholics Anonymous.</p>
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Thematic Unit I: historical and cultural bases and basic concepts of care process

Topic 1. History of assistance to mentally ill

Item 2. Psychiatric and mental health nursing

Item 3. Ethical and legal considerations in mental health

Item 4. Mental health prevention and care

Item 5. Therapeutic modalities, self-care and nursing care.

Item 6. The mental health team and therapeutic environment.

Item 7. The therapeutic use of "Me" and fears in practice with people with mental disorders

Item 8. Nursing assessment of psychiatric patient. Psychopathological Exploration. Other explorations

Lab 1: ethical and legal considerations in mental health.

Lab 2: Stigma of psychiatric patient

Lab 3: Therapeutic modalities

Lab 4: Nursing assessment of psychiatric patient

Lab 5: Problems with the therapeutic relationship and the difficult patient

Thematic Unit II: Nursing in Psychiatric Disorders and Mental Health

Item 1. Delirium, dementia, amnesic disorders and other cognitive disorders

Item 2. Eating disorders

Item 3. Substance-related disorders. Impulse control disorders without classification section

Item 4. Dual Pathology

Item 5. Sleep disorders

Item 6. somatoform disorders

Item 7. factitious disorders

Item 8. Schizophrenia and other psychotic disorders

Item 9. Anxiety Disorders

Item 10 dissociative disorders

Item 11. Mood Disorders

Item 12. Personality disorders

Item 13. Disorders in infancy, childhood or adolescence

Item 14. Sexual and sexual identity disorders

Item 15. Adjustment Disorders

Item 16. Suicide

Item 17. Crisis intervention

Lab 6: Use and application of different types of restraint in psychiatry

Lab 7: Clinical cases

Lab 8: Anxiety and relaxation

Lab 9: Mobbing, bullying, burnout and job stress

Lab 10: Crisis Intervention

Lab 11: Session with Alcoholics Anonymous

7. ASSESSMENT METHODS AND CRITERIA

Description	Type	Final Eval.	Reassessn	%
Final exam, written exam	Written exam	Yes	Yes	60,00
Test online content related to the subject.	Activity evaluation with Virtual Media	No	No	20,00
Group / individual work, lab evaluation	Laboratory evaluation	No	No	20,00
TOTAL				100,00
Observations				
<p>It must be obtained a minimum score of five points over ten in the final exam in order to make the sum of all parts</p> <p>The 'no show' of the student to the final examination, obtaining a lower score of five points or not performing any other training activity scheduled on the course, does not exempt him/her from being qualified according to the score in other activities that have completed and passed (continuous assessment)</p> <p>The term 'no show' in the final grade for the course will be used only when the student has not done any of the evaluable activities and therefore has not been qualified in any occasion.</p>				
Observations for part-time students				
<p>Students who are in a part-time basis, will benefit from the following rating system:</p> <ul style="list-style-type: none"> - Perform the final exam with a percentage weight of 80% - Conduct 50% of classroom practices with a weight of 20% <p>For this type of evaluation, the student must make a written request to the course responsible teacher at the beginning of the course</p>				

8. BIBLIOGRAPHY AND TEACHING MATERIALS

BASIC

- MEGÍAS-LIZANCOS, F.; SERRANO PARRA, M.D.2008. Enfermería en psiquiatría y salud mental.Madrid: Ediciones DAE. ISBN 84-95626-90-5
- FORNES VIVES, J. 2012. Enfermería de Salud Mental y Psiquiatría: valoración y cuidados. Madrid:Panamericana. ISBN 978-84-9835-389-1.
- AMERICAN PSYCHIATRIC ASSOCIATION (APA). 2002. Manual Diagnóstico y Estadístico de los Trastornos Mentales DSM-IV-TR. Barcelona: Masson. ISBN 84-458-1087-1.