

## SUBJECT TEACHING GUIDE

G1029 - Nursing in Women's health

Degree in Nursing

Academic year 2022-2023

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Compulsory. Year 2
Faculty	Faculty of Nursing				
Discipline	Subject Area: Life Cycle Nursing Module: Nursing Science				
Course unit title and code	G1029 - Nursing in Women's health				
Number of ECTS credits allocated	6	Term	Semester based (2)		
Web					
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA				
Name of lecturer	MARIA PAZ ZULUETA				
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Other lecturers	VIRGINIA MARIA TERAN RODRIGUEZ CAROLINA LECHOSA MUÑIZ				

### 3.1 LEARNING OUTCOMES

- Care planning, guaranteeing the right to dignity, privacy, confidentiality and decision making of women.
- Identifying risk indicators of gender violence.
- Describing the signs of violence in battered women.
- Describing the protocols in case of abuse of women.
- Categorizing the selected information to facilitate decision making based on objective data and scientific facts.
- Describing appropriate interventions and activities for the prevention and treatment of women health problems.
- Demonstrating proficiency in the use of gynecological equipment.
- Demonstrating skills in managing women support groups.
- Identifying physical, psychological and social aspects that influence the women welfare.
- Describing actions that promote women sexual health.
- Describing the changes that occur in the body during pregnancy, childbirth and postpartum.
- Defining women health problems.
- Demonstrating the ability to recognize and interpret normal or changing signs of women health and disease.
- Listing the key points in the process of women care.

### 4. OBJECTIVES

The subject of Nursing in Women's Health aims that the student acquire the skills to:

1. Provide nursing care to women at different stages of life .
2. Develop attitudes that enable the student to teamworking, assuming responsibilities within its competence in prevention and women health care and their health education.

6. COURSE ORGANIZATION	
CONTENTS	
1	<p>1. INTRODUCTION TO NURSING WOMEN'S HEALTH: The women's health throughout the reproductive cycle: Puberty and Menopause. Obstetrical and gynecological terminology.</p> <p>LABORATORY PRACTICES: Consultation and interviews with women in reproductive age.</p>
2	<p>2. THE IMPLICATIONS OF FEMALE SEXUALITY IN WOMEN'S HEALTH: Comprehensive Sexuality. Human Reproduction.</p> <p>LABORATORY PRACTICES: Family planning I/ii.</p>
3	<p>3. ATTENTION TO WOMEN WITH GYNECOLOGICAL DISORDERS: Care for women with: tumoral pathology, infectious disease, inflammatory disease, and pelvic floor disorders. Attention to women in emergency situations.</p> <p>LABORATORY PRACTICES: Recognition of the pelvis and pelvic floor training. Screening for early diagnosis of cervical cancer.</p>
4	<p>4. PREGNANT WOMEN CARE: Care in the antepartum period. Assessment and birth control. Biophysical and psychosocial aspects of normal pregnancy. Most common health problems related to pregnancy. Attention to women in emergency situations.</p> <p>LABORATORY PRACTICES: Exploration of the pregnant woman and clinical case on pregnancy first visit.</p>
5	<p>5. CHILDBIRTH ASSISTANCE Induction of childbirth labor. Emergency childbirth assistance. Instruments for the assisted vaginal childbirth. Caesarean section.</p> <p>LABORATORY PRACTICES: Clinical case of a woman in childbirth situation. Emergency childbirth assistance.</p>
6	<p>6. ATTENTION TO WOMEN IN THE PUERPERIUM: Breastfeeding. The postpartum period. Most common health problems related to the postpartum period.</p> <p>LABORATORY PRACTICES: Breastfeeding. Assessment and care for women during the postpartum period.</p>
7	<p>7. ATTENTION TO WOMEN BEFORE SITUATIONS OF RISK: Gender-based violence.</p> <p>LABORATORY PRACTICES: Assessment and assistance to women in situations of violence. Workshop on sexuality.</p>

8	<p>8. ATTENTION TO WOMEN. HEALTH RIGHTS SEXUAL REPRODUCTIVE: Basic legislation on sexual and reproductive health.</p> <p>LABORATORY PRACTICES: Sexual and reproductive health: a clinical perspective.</p>
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### 7. ASSESSMENT METHODS AND CRITERIA

Description	Type	Final Eval.	Reassessn	%
Final evaluation.	Written exam	Yes	Yes	60,00
Continuous assessment.	Written exam	No	No	20,00
Continuous assessment.	Written exam	No	No	20,00
<b>TOTAL</b>				<b>100,00</b>
<b>Observations</b>				
<p>When a student has not performed evaluation activities whose value is over 50% of the course grade, it will be recorded as 'Not presented'. When the student has taken tests that are 50% or more, the corresponding grade will be recorded in the record.</p> <p>The evaluation may be conducted remotely if the health and academic authorities advise it.</p>				
<b>Observations for part-time students</b>				
<p>Part-time students will benefit from the following rating system:</p> <ul style="list-style-type: none"> <li>- a final examination of the course with a 80%weight</li> <li>- perform continuous evaluation of 50% of laboratory practices with a 20%weight</li> </ul> <p>For this type of evaluation, during the first week of the course the student must make a written request to the course responsible teacher.</p>				

### 8. BIBLIOGRAPHY AND TEACHING MATERIALS

#### BASIC

- Cabero L, Saldívar D, Cabrillo E. Obstetricia y medicina materno-fetal. Madrid: Médica Panamericana; 2007. ISBN : 9788498355949.
- Hernández Aguilar MT, Aguayo Maldonado J; Comité de Lactancia Materna de la Asociación Española de Pediatría . La lactancia materna. Cómo promover y apoyar la lactancia materna en la práctica pediátrica. Recomendaciones del Comité de Lactancia de la AEP. An Pediatr (Barc). 200563(4):340-56.
- Langman, Sadler- Embriología Médica, 11° Edición, Ed. Lippincott Williams & Wilkins. 2019. ISBN: 9788417602116.
- NETER. Roger P. Smith. Obstetricia, ginecología y salud de la mujer. Barcelona: Masson; 2004. eBook ISBN: 97884445820995.
- Organización Mundial de la Salud (OMS). Criterios médicos de elegibilidad para el uso de anticonceptivos Quinta edición 2015. Disponible en: [https://www.who.int/reproductivehealth/publications/family\\_planning/Ex-Summ-MEC-5/es/](https://www.who.int/reproductivehealth/publications/family_planning/Ex-Summ-MEC-5/es/)

