

## SUBJECT TEACHING GUIDE

### G368 - Psychosocial Sciences I

#### Degree in Nursing

Academic year 2023-2024

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Core. Year 1
Faculty	Faculty of Nursing				
Discipline	Subject Area: Psychology Module: Common Basic Training				
Course unit title and code	G368 - Psychosocial Sciences I				
Number of ECTS credits allocated	6	Term	Semester based (1)		
Web	<a href="https://aulavirtual.unican.es/">https://aulavirtual.unican.es/</a>				
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA				
Name of lecturer	MARIA DEL CARMEN ORTEGO MATE				
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### 3.1 LEARNING OUTCOMES

- Explain the contributions of Behavioral Sciences to Nursing Care
  - Study the scientific bases of human behavior from different theoretical perspectives
- Identify and analyze basic psychic functions in the context of Health Sciences
- Know the characteristics and functioning of the psychological processes that make up thinking, feeling and acting of the human being.
  - Thematic block IV. PERSONALITY
    - Describe the principles of personality theories
    - Analyze personality and its impact on behavior and health
  - Thematic block V. PSYCHOSOCIAL DEVELOPMENT THROUGHOUT THE LIFE CYCLE
    - Analyze the basic foundations of human behavior and its development throughout the life cycle.
    - Identify situations of vital change that alter the psychosocial balance of people
- Analyze the social influence on human behavior
  - Describe the theoretical foundations that explain interpersonal and group relationships.
  - Indicate the different perspectives that explain the processes of violence .
  - Recognize the theories and dynamics that explain group processes.
  - Identify the mediating skills that are useful for managing differences and diversity .
  - Mention the theories that support conflict prevention and management techniques to deal with potential situations of aggressiveness or violence.
  - Describe psychosocial conditioning factors and their impact on interactive behavior of the human being

### 4. OBJECTIVES

Students will be able to identify the influence of psychosocial aspects on human behavior, explain their impact on health and disease, recognize the psychosocial dimension of care and use basic skills related to social interaction.

### 6. COURSE ORGANIZATION

#### CONTENTS

1	<p>Topic 1. Psychosocial Sciences in Nursing..</p> <p>Topic 2. Historical approach. School.</p> <p>Topic 3. Psychosocial Research in Nursing.</p> <p>Topic 4. Emotions.</p> <p>Topic 5. Intelligence.</p> <p>Topic 6. Personality.</p> <p>Topic 7. Attitudes, stereotypes and prejudices.</p> <p>Topic 8. Processes of social influence.</p> <p>Topic 9. Psychosocial approach to violence.</p>
2	<p>Topic 10 Sensation and perception.</p> <p>Topic 11. Language and communication.</p> <p>Topic 12. Evolutionary psychology of childhood and adolescence.</p> <p>Topic 13. Evolutionary psychology in adulthood and old age.</p> <p>Topic 14. Self-concept and self-esteem.</p> <p>Topic 15. Attention.</p> <p>Topic 16. Memory.</p> <p>Topic 17. Motivation.</p> <p>Topic 18. Thought.</p> <p>Topic 19. Persuasion.</p> <p>Topic 20. Affiliation and attraction.</p>

7. ASSESSMENT METHODS AND CRITERIA				
Description	Type	Final Eval.	Reassessn	%
Group work in classroom practices	Work	No	No	30,00
Continuous assessment activities in the class	Others	No	No	10,00
Partial Exam 1	Written exam	No	Yes	30,00
Partial Exam 2	Written exam	No	Yes	30,00
<b>TOTAL</b>				<b>100,00</b>
<b>Observations</b>				
<p>The evaluation of the theoretical contents of the subject will be carried out through two partial exams, which will be mandatory to pass the subject. In case of not passing or not taking any of the partial exams, the student will have to take the final exam of the subject, which will be carried out according to the calendar established by the center. The final exam will cover all the subjects of the subject and will consist of multiple choice questions or short questions. To pass the final exam, the student must obtain a score of 5 or higher. The final exam will have a weight of up to 60% in the final grade for the subject.</p> <p>The student who wants to try to improve the grade obtained in the two partial exams may take the final exam, prior communication to the teacher responsible for the subject, and her grade in the exam being the one obtained in this final exam.</p> <p>The student's failure to take the final exam, obtaining a grade of less than five points in the same or not performing any other training activity programmed in the subject, does not exempt him from being graded according to the score obtained. in the rest of the activities that you have carried out.</p> <p>When a student has not carried out evaluation activities whose weight exceeds 50% of the grade for the subject, it will appear in their minutes 'Not presented'. When the student has taken tests that suppose the aforementioned 50% or more, the corresponding qualification will appear in the record. (Article 39 of the UC Evaluation Process Regulations).</p> <p>In the event that the health and academic authorities so advise, the evaluation may be carried out remotely.</p>				
<b>Observations for part-time students</b>				
<p>Students who are in part-time regimen will benefit from the following rating system:</p> <ul style="list-style-type: none"> <li>* Perform the final exam with a percentage weight of 80%</li> <li>* Perform 50% of classroom practices with a weight of 20%</li> </ul> <p>To qualify for this type of evaluation, the request must be made to the responsible teacher at the beginning of the course.</p>				

## 8. BIBLIOGRAPHY AND TEACHING MATERIALS

### BASIC

Fundamentos de Psicología para Ciencias Sociales y de la Salud. Delgado ML. 2014. Editorial Médica Panamericana