

SUBJECT TEACHING GUIDE

G368 - Psychosocial Sciences I

Degree in Nursing

Academic year 2024-2025

1. IDENTIFYING DATA					
Degree	Degree in Nursing			Type and Year	Core. Year 1
Faculty	Faculty of Nursing				
Discipline	Subject Area: Psychology Module: Common Basic Training				
Course unit title and code	G368 - Psychosocial Sciences I				
Number of ECTS credits allocated	6	Term	Semester based (1)		
Web					
Language of instruction	Spanish	English Friendly	No	Mode of delivery	Face-to-face

Department	DPTO. ENFERMERIA				
Name of lecturer	MARIA DEL CARMEN ORTEGO MATE				
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Other lecturers	MARIA DEL MAR APARICIO SANZ				

3.1 LEARNING OUTCOMES

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4. OBJECTIVES

Students will be able to identify the influence of psychosocial aspects on human behavior, explain their impact on health and illness, recognize the psychosocial dimension of care, and employ basic skills related to social interaction.

6. SUBJECT PROGRAM	
CONTENTS	
1	<p>THEMATIC BLOCK I: THE CONTRIBUTION OF PSYCHOLOGY</p> <p>Topic 1: Historical perception and currents of psychology.</p> <p>Topic 2: Behavior modification techniques.</p> <p>Topic 3: Psychosocial Sciences in Nursing.</p> <p>Topic 4: Psychosocial research in Nursing.</p>
2	<p>THEMATIC BLOCK II: PSYCHOLOGICAL COMPONENTS OF HUMAN BEHAVIOR</p> <p>Topic 5: Emotions.</p> <p>Topic 6: Intelligence.</p> <p>Topic 7: Personality.</p> <p>Topic 8: Self-concept and self-esteem.</p>
3	<p>THEMATIC BLOCK III: PSYCHOSOCIAL PROCESSES</p> <p>Topic 9: Attitudes, stereotypes and prejudices.</p> <p>Topic 10: Processes of social influence.</p> <p>Topic 11: Psychosocial approach to violence.</p>
4	<p>THEMATIC BLOCK IV. COMMUNICATION AND INTERPERSONAL RELATIONS.</p> <p>Topic 12: Non-verbal communication.</p> <p>Topic 13: Social-emotional competences.</p> <p>Topic 14: Prosocial behavior.</p> <p>Topic 15: Social support in the health-illness process: the patient and the family in the hospital environment.</p> <p>Topic 16: The interview.</p>
5	<p>THEMATIC BLOCK V: HEALTH AND DISEASE. PSYCHOSOCIAL ASPECTS.</p> <p>Topic 17: Well-being, happiness and strengths.</p> <p>Topic 18: Stress, anxiety and health.</p> <p>Topic 19: Illness.</p> <p>Topic 20: Adherence to treatment.</p> <p>Topic 21: Chronic pain.</p> <p>Topic 22: Grief.</p>

7. ASSESSMENT METHODS AND CRITERIA				
Description	Type	Final Eval.	Reassessn	%
Final Exam	Written exam	Yes	Yes	60,00
Group work in Classroom Practices	Work	No	No	30,00
Continuous Classroom Assessment Activities	Others	No	No	10,00
TOTAL				100,00
Observations				
<p>When a student has not carried out evaluation activities whose weight exceeds 50% of the grade of the subject, the grade will appear in the record as 'Not presented'. When the student has taken tests that represent 50% or more, the corresponding grade will appear in the transcript (art. 39 of the Regulations of the Evaluation Processes of the University of Cantabria). In the event that the health and academic authorities so advise, the evaluation may be carried out in the distance mode.</p>				
Observations for part-time students				
<p>Those students who are in a part-time regime will be able to use the following evaluation system:</p> <p>*To take the final exam with a percentage weight of 80%.</p> <p>*Performing 50% of the classroom practices with a weight of 20%.</p> <p>In order to make use of this evaluation modality, the professor in charge must be informed.</p>				

8. BIBLIOGRAPHY AND TEACHING MATERIALS

BASIC

Fundamentos de Psicología para Ciencias Sociales y de la Salud. Delgado ML. 2014. Editorial Médica Panamericana