

2023 Staff Week – University of Cantabria

SANTANDER
19 – 23 June 2023



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We are looking forward to welcoming you in Santander for the 2023 UC Staff Week!

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HOW TO ARRIVE

We are looking forward to welcoming you in Santander soon! We are confident that your participation at the 2023 UC Staff Week in Santander will be an enjoyable and enriching experience. Following, you will find information that might help you to organise your trip to Santander. Please do not hesitate to contact us if you need further information. You will find our contact details at the end of this document.

ACCOMMODATION

Santander has many nice hotels, such as for example the following ones, that you might want to consider for your stay in Santander:

1. Hotel Chiqui Santander ***

Located on the beach of El Sardinero with beautiful sea views and an infinity pool.

<https://www.hotelchiqui.com/en/>

Av. Manuel García Lago, 9, 39005 Santander, Cantabria

Tel. +34 942 28 27 00

2. Silken Rio Santander Hotel ****

Located on the beach of El Sardinero with beautiful sea views.

<https://www.hoteles-silken.com/en/hotel-rio-santander/>

Av de la Reina Victoria, 153, 39005 Santander, Cantabria

Tel. +34 942 27 43 00

3. Hotel Santemar ****

Located on the beach of El Sardinero with beautiful sea views.

<https://www.hotelsantemar.com/en/>

C. Joaquín Costa, 28, 39005 Santander, Cantabria

Tel. +34 942 27 29 00

4. **Hotel Hoyuela ******

Located on the beach of El Sardinero with beautiful sea views.

<https://www.hotelhoyuela.es/en/>

Av. Hoteles, 7, 39005 Santander, Cantabria

Tel. +34 942 28 26 28

TRANSPORT: If your flight arrives at Santander Airport

1. Cost of the taxi from the airport is 1.45€ at starting point, 0.65€ per kilometre and 7.20€ additional supplement for leaving from the airport. The total cost should be around 20€ from the airport to the hotel, with an estimate duration of 15min.
2. There's a bus service between the airport and the bus station in Santander. Departures are every 30 minutes from 07:00 to 23:00, with the first bus at 06:40. It takes around 15 minutes to arrive to the bus station and ticket is 2.90€. From the bus station you can pick a taxi. In this case, the cost to any of the hotels should be around 10€ and it would take approximately 15 minutes.

TRANSPORT: If your flight arrives at Bilbao Airport

First of all, you should go from Bilbao airport to the bus station. For that, you take the service that connects the Bilbao Intermodal (bus station) with the airport. It's operated by Bizkaibus bus company (Line A3247 Bilbao-Airport).

It's the only bus you will find at the airport so no chance of going elsewhere. On the arrivals floor there is a customer services desk and ticket office, but you can also buy the ticket in the bus (single ticket is 3€ and you can only pay with cash). From the airport to Bilbao the bus leaves every 30 minutes, from 06:00h to 0:00h.

Once you arrive to Bilbao's bus station (Intermodal) you have to take a bus to Santander. The service is operated by ALSA (<https://www.alsa.es/en/>) and you have several options. Premium service buses take about 75 minutes to arrive in Santander and cost about 15€ (single ticket). Regular service buses take 120 minutes and cost around 7€. There is a bus every hour from 7:00h to 22:00h, approximately.

Once you arrive to Santander bus station you have a taxi stop right in front of the main door. The cost from the bus station to the Hotel should be close to 10€ and around 15 minutes.

Alternatively, you can take a taxi (120€ through for a single trip) which takes about 75min, or you can hire a rental car at the airport.

INTERESTING INFORMATION

FOOD & DRINKS

Santander and Cantabria's gastronomy are well known for its quality and variety. We hope you will also enjoy this aspect during your visit. These are some recommended restaurants for you during your stay:

Querida Mar - [Website](#)

Restaurant with extraordinary beautiful sea views on the Sardinero Beach, with typical food from the north of Spain. Menu price: 24,50€.

Avenida Manuel Garcia Lago, 1, 39005 Santander, Cantabria

+34 633 164 536

Cañadío - [Website](#)

One of the best restaurants in Santander with a lively location in the city centre. Approximate price per person: 30€.

Calle Gómez Oreña, 15 (Plaza Cañadío), 39003 Santander

+34: 942 314 149

Casa Lita - [Website](#)

Have some popular Spanish "Pinchos" in Santander at Casa Lita, where you can enjoy them overlooking the Bay of Santander. Approximate price per person: 20€.

Click here to check their website.

Paseo Pereda, 37, 39004 Santander - Cantabria

+34 942 36 48 30

Calle del Medio y el Arrabal - [Website](#)

Two of the oldest streets in Santander; they used to belong to the Barrio del Mar, where fishermen and rowers lived; nowadays it is one of the favourite places

for many locals to start the night with some “pinchos” or wine. Approximate price per person: 20€.

Calle Arrabal, 39003 Santander, Cantabria

La Cañía - [Website](#)

Traditional restaurant in Santander, next to the Sardinero beach, specialised in spanish rice, fish and meat, with indoor and outdoor terrace. Approximate price per person: 20€.

Calle Joaquín Costa, 45, 39005 Santander, Cantabria

+34 942 27 04 91

La Atalaya de Mayte - [Website](#)

Restaurant overlooking the Sardinero beach, traditional cuisine with a personal touch. Approximate price per person: 25€.

C. Panamá, 1, 39005 Santander, Cantabria

+34 676 959 060

Bodega del Riojano - [Website](#)

In the centre of Santander, traditional Spanish cuisine menus in a corner with exposed beams and barrel tops as art canvases. Approximate price per person: 25€.

Calle Río de la Pila, 5, 39003 Santander, Cantabria

+34 942 21 67 50

SIGHTSEEING

Santander is a city where you can feel at home, relax and enjoy discovering all its attractions, its natural beauty, its extraordinary gastronomy, the human quality of the people of Santander, its vibrant cultural life and its abundant leisure activities.

It is a city that combines an urban environment with the essentials of Cantabria: beaches, landscape, nature, gastronomy and culture. The visitor finds in Santander many cities in one: the old and the modern, the traditional and the cosmopolitan.

Walk to Palacio de la Magdalena - [Website](#)

The Magdalena Palace is the most emblematic building in the city of Santander and one of the most outstanding examples of civil architecture in northern Spain. It stands, presiding over a majestic landscape, at the highest point of the peninsula of the same name. Its construction, between 1908 and 1912, was intended to give King Alfonso XIII and Queen Victoria Eugenia a summer residence.

Avenida. de la Reina Victoria, s/n, 39005 Santander, Cantabria

Walk along the beach and cliffs to Faro Cabo Mayor - [Website](#)

This route runs from the end of El Sardinero to the lighthouse. Along the way, you will discover small beaches, cliffs and parks. This route is highly recommended for nature and photography lovers.

Visit the exhibitions of the spectacular Centro Fundación Botín - [Website](#)

Centro Botín is an art centre located in the city of Santander under the auspices of the Botín Foundation.

The Centro Botín aims to be:

- One of Spain's leading art centres and part of the European circuit of first-rate arts centres, that stands out for its excellent programme, using art to improve the lives of people and society.
- A lively, welcoming place, a regular meeting point for people to enjoy themselves, learn, and become inspired, thanks to the diverse range of artistic experiences on offer for all types of audiences.

Opening hours: Tuesday-Sunday 10-20H.

Muelle de Albareda s/n, Jardines de Pereda, 39004 Santander, Spain

Tel. +34 942 047 147

Santander Cathedral - [Website](#)

Santander Cathedral's structure is mainly Gothic, although it has been extended and renovated in later times. The cathedral is a historical monumental complex built between the end of the 12th century and the 14th century on top of the former Santander Abbey also known as the "Abbey of the Holy Bodies", an old monastery dedicated to Saints Emeterius and Celedonius.

Calle Somorrostro, s/n, 39002 Santander, Cantabria

Boat cruise in the Bay of Santander - [Website](#)

Enjoy a beautiful boat trip in the bay of Santander for 50 minutes for only 5€.

Virtual visit [here](#).

Paseo Marítimo, s/n, 39004 Santander, Cantabria

Miscellaneous

University of Cantabria:

<https://web.unican.es/en/Pages/default.aspx>

Weather forecast:

www.eltiempo.es/santander.html

Cantabria Infinita:

<https://www.turismodecantabria.com/inicio>

Santander Tourism:

<http://www.spain.info/en/que-quieres/ciudades-pueblos/>

USEFUL SPANISH EXPRESSIONS

ENGLISH	SPANISH
Yes	Sí
No	No
Please	Por favor
Thank you	Gracias
You are welcome	De nada
Excuse me	Perdone / Disculpe
I am sorry	Lo siento
Good morning	Buenos días
Good evening	Buenas tardes
Good night	Buenas noches
Do you speak English?	¿Habla usted inglés?
Does anyone here speak English?	¿Alguien aquí sabe hablar inglés?
I am sorry, I do not speak Spanish very well	Lo siento, no hablo muy bien español
I only speak a little Spanish	Solo hablo un poco de español
What is your name?	¿Cómo te llamas?
My name is Martin	Mi nombre es Martin
This is Martin	Les presento a Martin
How are you?	¿Qué tal? / ¿Cómo estás?
I am fine, thank you	Estoy bien, gracias
I am pleased to meet you	Un placer conocerte
Where is the restroom?	¿Dónde están los aseos?

GET TO KNOW US

Santander. Our city, our sea.

The history of Santander goes back to the 1st century A.D. which is when the archaeological Roman remains found in the city have been dated. However, many historians go further back to the year 26 B.C. when during the Cantabrian Wars against Rome the Emperor Augustus wished to leave a record of his will to victory over the Cantabrians at the Portus Victoriae (Port of Victory).

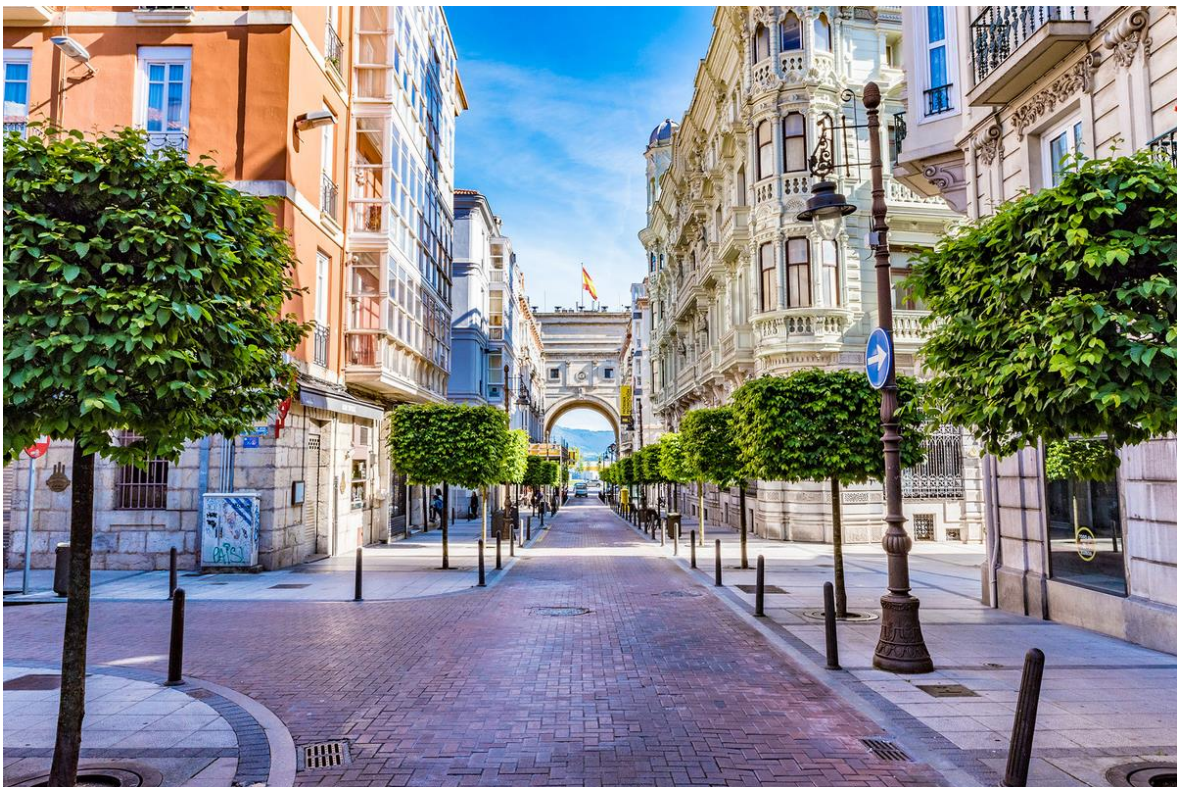


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The first documented record of Santander appears in the privilege granted by Sancho II to the Monasterio de San Emeterio in 1068, from the Latin name of which (Sancti Emeterii) the current name of the city seems to originate. Santander subsequently became an abbacy town and in 1187 was granted a privilege by Alfonso VIII. Moreover, Santander was one of the Four Sea Towns together with San Vicente, Laredo, and Castro Urdiales, and the ships that were to form the fleet of

the Kingdom of Castile were built in their shipyards. An outstanding triumph of the Santander navy was the capture of Seville in 1248.

By the 13th century the town of Santander was grouped around two centres: The Old Town, in which the castle and the abbey-collegiate church stood out (the current area of the Cathedral and the Calle Alta), and the New Town (the area of Calle Santa Clara and Calle San Francisco), both of which are joined by a bridge and between which the building of Las Atarazanas would have been situated. However, its expansion was to be checked by a major setback: plague struck the town in 1497. For years Santander suffered the effects of depopulation and plague. Fortunately, the opening of the Reinosa Road in 1753 led to the establishing of an important trade in wool and flour from Castile, especially as from 1765 when the Port of Santander was prepared for trade with the American colonies. At the same time the town was to undergo institutional changes: in 1754 it was chosen as the see of the Santander diocese and in 1755 King Ferdinand VI granted it the title of city. From then on Santander began to dominate the region and became its capital in 1801 with the creation of the Maritime Province of Santander.



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The period of the true urban expansion of Santander was the 19th century. Although at the start of the century the city suffered the Napoleonic invasion, epidemics, and colonial crises, progress did not falter. The rise of the flour trade together with the importing of colonial produce encouraged the building of a railway between Alar del Rey and Santander. The Port of Santander had so much trade that it was even referred to as the Liverpool of Spain. This expansion was however cut short by the explosion on the quays of the ship Cabo Machichaco in 1893, which left 500 dead and injured thousands.

In the last third of the 19th century the city began to become a tourist and leisure destination with the promotion of the Baños de Ola thanks to their therapeutic properties.

In summer 1861 Queen Isabel II decided to spend a few days on the beaches of El Sardinero; in gratitude the Town Council gave her the Alfonsina estate with the aim of her establishing her summer residence in Santander. Although this project did not come to fruition for political reasons, it was recovered by Alfonso XIII. The city therefore made a gift to the monarch of the land of the Península de la Magdalena and the palace of the same name, work on which was completed in 1912. Its construction encouraged that of some of the most emblematic buildings such as the Gran Casino, the Hotel Real, and the former Bellavista Racecourse.



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In 1932 the Summer University was built, which is currently the Universidad Internacional Menéndez Pelayo (UIMP).

Years later in 1941 the people of Santander had to face a fire that devastated their city to leave it virtually reduced to ashes.

Another important year is that of 1983, which was when Santander officially became the capital de Cantabria as the latter took the form of an Autonomous Region that same year.

Santander is currently experiencing a time of change and evolution thanks to the implementation of new projects such as the Centro Botín, a cultural space promoted by the private sector, and the Cultural Circuit of the city centre which connects the main cultural points of the city.

In this way the capital of Cantabria has managed to reinvent itself and become a very attractive city not only for tourists but also from a business and administrative perspective, taking its place as one of the most important cultural and leisure centres of the Cantabrian coast.

University of Cantabria (UC)

The University of Cantabria (UC) is one of the three universities that has been in the Top 10 list of the main Spanish rankings both in education as well as in research quality. It is a modern public institution whose main purpose is to contribute to social progress through a firm commitment to teaching and scientific excellence.

The UC confers a wide range of official degrees within graduate, postgraduate and doctorate programs. Since its creation in 1972, it has provided university education for more than 40,000 students. The UC provides students with a wide range of resources, enabling them to acquire an all-round Education. Within this context, its study programs seek the right balance between practice and theory, and which students can choose to supplement with complementary services such as internship programs, access to new technologies, exchange programs with foreign universities, guidance and tutorial activities, etc.

The UC gives special importance to students' command of foreign languages, which is why it offers them courses in various languages. UC stipulates that all graduates must have an English level which will allow them to communicate fluently.

The scientific work developed in the UC is high-quality and some of its research groups are to be found amongst the leaders at an international level in their area of knowledge.

The UC is also a social, cultural and economic energizer in the autonomous region of Cantabria. This activity produces innovation for the business environment, development of cultural activities, social participation and knowledge generation. With this objective in mind, the UC collaborates with the main public and private agents within the social and economic environment of Cantabria, through the strategic project Cantabria International Campus.



Our main campus

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